



Japan Arts Centre
Police Sport UK Judo
WWW.japanartscentrejudo.com



July 2009 Newsletter

The last class of this term for All Classes will be Thursday 9th July

The club will close for the summer holidays on the 9th July and re-open on Thursday 3rd September at usual times.

We will be moving some children to more advanced classes at the start of the autumn term and will have a small number of places available in the junior classes. Priority will be given to those children who already have siblings at the club. Please can you email us if you wish to reserve a place for a new beginner asap . Have a great summer and we look forward to seeing you all back in September.(The club website will be updated throughout the summer .)

Grading Results

Congratulations to all the juniors and youths who recently graded. Particularly to those who gained a new belt:-

Josh, Olly, Louie and Tomohiro in class 1 and Natasha and Patrick in class 2 who became yellow belts !

Laurie in class 2 graded to Orange belt.

Also in class 2, Daniel graded to Green Belt along with Sam who demonstrated a superb level of both technical and fighting skills to become the club's youngest ever Green Belt. Callum and Lois gained Blue Belts again being the youngest in the club to do so.

In the youth class, Jack, Robbie and Paul became Senior Brown Belts, Alex graded to Junior Brown, Vikki and Hal to Blue Belt and Guy to Green Belt.

Emily selected for Wales in the UK School Games !



Following on from her success in Northern Ireland, Em has again been selected to represent Wales in the UK School Games.

The UK School Games is a multi-sport event for the UK's elite young athletes of school age. The Judo event being for 15-18 yr olds.

Each of the ten sports is combined into a four-day Games environment designed to replicate the feel of major event such as the Olympic Games, Paralympic Games and Commonwealth Games

This year's games will be held in Wales on the 3rd-6th September. See the website www.ukschoolgames.com for more details.

Sadly we will shortly be losing Em as a coach, as she is due to start University in Cardiff in October. We hope to still see Em training on a regular basis at the club where time permits.

Good Luck Em, we will miss you ! (and your jaffa cakes !)

Lisa's fundraising Challenge.



Lisa, who helps coach in the junior classes (as well as competing for the club on a regular basis) is raising money for the "World Challenge" which will enable her to go as a volunteer to help with community projects for disadvantaged children in Costa Rica next summer. Lisa recently completed a sponsored skydive and is also attempting to climb the Matterhorn (Toberlone) Mountain subject to weather conditions.



Lisa commits a great amount of time, energy, and enthusiasm helping the younger children at the club every week. Please support Lisa in these fantastic challenges by sponsoring her! Any

donations can be given to Lisa at the club.

To help Lisa raise the money needed We will be running a fundraising competition for all junior club members against Cheddar Judo Club in the autumn. Proceeds of the event will be split between Lisa's fundraising and a cancer charity. The event will be in September with the date to be confirmed asap.

Junior Term Fees

Term fees are payable on the 1st week of each school term . The next term beginning – Thursday 3rd September The term will end on Thursday 22nd October (8 weeks). Fees for the autumn term will be £28.00 .

BJA Licences

Please note that licences must be renewed directly with the BJA annually. Please ensure your licence is kept current or your insurance will be invalidated .

The BJA do send reminders, renew online, by phone or post. Club Number to quote is 2106.

Forthcoming Events

Thurs: 4th Sept- Club Re-opens all classes

September: Junior match against Cheddar JC

3rd-6th September- UK School Games, Wales

12th Sept: Western Area Trials – Bristol.

TBC (this is the qualifying event for the GB National Championships on the 10th/11th Oct. See Jo for more details if you would like to compete in Sheffield.

12th September Dan Grading – High Wycombe

18th-20th September- Level 1 Coach Award Course- Cardiff.

27th September: Dan Grading- Budokwai-London.

18th October- Plymouth Senior Open – point scoring

1st Nov- Welsh Senior Open – point scoring

4th-6th December- Police Judo Residential (Adults) training weekend. Cardiff with Dr Andrew

Moshonov . see Chris for details or download from club website.