

Japan Arts Centre- Police Sport UK Judo Club

May 2010 Newsletter



Winky gets his 3rd Dan !

Congratulations to our club coach Winky (Bob Winkworth) on completing his technical 3rd Dan. Bob has spent many months working on his grading and will continue to pass his knowledge onto the younger members !

**Club Closed All Classes
3rd & 10th June**

**We will be closed on the
above dates to all
classes Junior & Adults**

**We re-open on the 17th
June for all classes.**

**Junior Fees for the 17th-
June- 15th July are due
on the 17th June £17.50
If paying by cheque
please make payable
to " British Police Judo "**

JUNIOR CLUB FRIENDLY AGAINST WESTON SUPER MARE & TAUNTON

We have been invited to an informal club match against Weston & Taunton Judo clubs on Sunday 4th July AM to be held at Weston Super Mare Leisure centre

This is a great opportunity for all junior players aged 7+ to practice their completion skills and prepare for formal Judo championships.

Children will be closely matched by age & weight and rules will be modified to suit ability of the children.

We really need to have a provisional entry list asap in order that medals can be ordered. (There will be a small entry fee to cover the cost of medals and hall hire.)

If your child is available and would like to take part please email me at pajudo@aol.com asap or text me on 07899 857665 .

Thanks Jo.

British Judo Association Licences !

Everyone both juniors and adults who trains at the Japan Arts Centre must hold a current BJA licence. Licences must be re-newed annually. Please check the date on your pink slip inside your licence to see when it expires.

You can renew online at the BJA website. Please make sure you enter our club no 2106 on the form. http://www.secure-website.com/britishjudo/online_application.htm

**NO LICENCE- NO JUDO –
NO INSURANCE- NO EXCEPTIONS**



Congratulations LJ

**Lisa qualifies as
UKCC Coach !**



In addition to sitting her A/S levels, In mid may Lisa completed the UKCC and British Judo Exams and qualified as the club's youngest coach. Congratulations to Lisa on this great achievement.

Junior Classes

We currently have several children on the waiting list to start judo in June, in order to see what spaces will be available, we are firstly giving existing members who are at the older/higher level of their classes the opportunity to move in to the next class.

If your child is in class 1. 5.30pm-6.15pm and is aged 8 or is a Red Belt 3 tab or Yellow Belt they may move to the 6.15pm to 7pm class.

If your child is in class 2. 6.15pm- 7.00pm and is Green Belt or above or will be starting secondary school in September, they may move into the 7.00pm-8.00pm class.

If your child is in the 7.00pm-8.00pm class and aged 15+ they are welcome to stay on after the youth class for the 1st hour of the Senior Class at 8.00pm-9.00pm.

We appreciate that not all those eligible will be able to move class due to siblings, or lift sharing etc and it is by no means compulsory for children to change classes. We would just make the opportunity available for those who feel ready for the next step in their judo career.

If you would be kind enough to let me know by email or text if your child will be changing class, it would be appreciated.

Junior Gradings:

For those who graded last term and still haven't brought in your record books, please do so on Thursday 20th May long with the £10.00 grading fee in order that your grades can be registered with the British Judo Association. This is the final opportunity to have your grade registered this term.

GCSE & A LEVEL P.E

Please can anyone in youth class who is taking Judo as part of their GCSE or A Level let us know asap, in order that we can assist in their preparation.

We recently assisted several schools in marking the Judo element, however with the exception of Clifton High School, the students had received insufficient preparation on the syllabus from their schools which resulted in lower marks than could have been achieved.

We are more than happy to help children prepare, but would request a copy of the syllabus at the start of the September 10 term.

Judo Suit Stock Clearance

Summer Special Offer

All Judo Kits in stock reduced.

Junior sizes £20

Adults sizes £25

Most sizes still available!

Keep up to date with all the club news at www.japanartscentrejudo.com

Judo Diaries/Syllabus Books

The British Judo Association have recently produced a series of Judo Diary/Syllabus books. The 1st two books for Red and Yellow Belts and Orange and Green Belts are available for purchase for £5 from <http://www.britishjudo.org.uk/membership/JudoDiary.php>.

The books are a useful learning aid for Juniors. New members joining the BJA will be provided with the 1st diary foc. Existing members will get diary 2 F.O.C on reaching their 6th Mon.

More details regarding the diaries can be found on the BJA website at the above link.

